Global Citizen Scholar Reflection

 My global citizen scholar mission serves as a template for how I plan to live my life. After graduation from the University of Cincinnati, I hope to become a nurse practitioner. In order to reach this goal, I must make progress towards my global citizen scholar mission. There are a variety of opportunities that interest me in which I hope to participate as an undergraduate student. For instance, I aspire to become a patient care assistant at Cincinnati Children’s Hospital after my sophomore year of college. If given the opportunity to be a patient care assistant, I would be able to interact with patients and their families on a more personal level. As mentioned in my global citizen scholar mission, I want to use my talents to impact children and families that are struggling to achieve health and happiness. In addition to becoming a patient care assistant, I would also like to become involved in the cutting-edge research happening within the nursing field. While many nursing students have clinical experience, I have found that few students are aware of the research opportunities within the field. I would love to have the opportunity to be able to participate in a nursing research experience and learn ways to develop new nursing practices. My global citizen scholar mission expresses my desire to seek opportunities to improve the process and research the best practices. Especially in the healthcare field, being able to perfect the process of caring for an ill individual is one of the greatest gifts a professional can offer to his or her patients.

 The fuel that drives my life are my passionate beliefs in altruism, kindness, and knowledge. These are values that I cherish, because altruism, kindness, and knowledge are three tools that could be carried into academic, social, and professional settings. These are also key values to success in interpersonal and intrapersonal relationships. I believe that it is equally, if not more, important for individuals to seek internal peace before asking for peace with those around them. For the next three years at the University of Cincinnati, I hope to strengthen my beliefs in altruism, kindness, and knowledge.

 My core strengths of harmony, connectedness, and empathy will fuel my progression towards my global citizen mission. As a person who fosters harmony, I understand the importance of compromise. Throughout a variety of interactions I have had with my peers and professors, I am capable of finding a common ground. Additionally, I like to find ways to connect myself and those with whom I work. In doing so, I am able to create meaningful relationships. Furthermore, my empathy towards other people fuels my passion for becoming a nurse. Few people have the ability to understand what other people are feeling through their own feelings. My empathetic personality allows me to see life through another person’s eyes and offer them a voice for their emotions.

 As an aspiring nurse practitioner, I am always eager to help someone in need or educate another person on the benefits to living a healthy lifestyle. However, I am also aware that there will be many obstacles that I must encounter on my journey to becoming a nurse. The truth behind the matter is that not all of the cases that I will experience will end in happy endings. It will be difficult to face the reality that some patients are more difficult to treat than others. When I am faced with these challenges, I will remember to seek spiritual guidance and maintain a hopeful outlook. In doing this, I hope to reflect on what happened and to understand that everything happens for a reason.

 For the next three years, I want to establish goals for myself to progress towards my global citizen scholar mission. Two goals I have for myself are to excel academically and professionally. I hope to excel academically by attending more supplemental instruction and meeting more frequently with my professors. I hope to excel professionally by immersing myself into the healthcare setting by establishing relationships with healthcare professionals and shadowing professionals in a variety of specialties. Through writing and meditating, I will reflect on the ways in which I can develop and improve upon my global citizen scholar mission.